



Why Horses?



Naturally social herd animals, horses are highly attuned to all of their herd mates' subtle signals. As animals preyed upon in the wild, their survival depends on a keen sense of their surroundings. Within the herd, their heightened sensitivity supports strong bonds of friendship, family structure and communication that keep the herd safe in the face of danger and peaceful in times of quiet foraging and resting.

Horses embody specific qualities that make them consummate guides in a human's quest for self-discovery. Through their innate wisdom and accurate intuition, they create perfect mirrors for humans, reflecting how our behavior affects our reality. They live in the here and now without attachment to the past or future beyond their own safety. Horses don't lie or judge. They are consistently authentic in their behavior. Always seeking relationship, horses will respond to anyone who is clear in their presence and their intent.



Horses and humans have interacted for thousands of years. Today, though, the most meaningful work for horses is to guide us in a new language of connection - to nature, to ourselves and to each other.

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